

## People Can Community Stars

The annual Community Star Awards are organised by People Can with support from the Telegraph & Argus. Sponsors for the awards include Better Start Bradford, Incommunities Housing and the Bradford for Everyone Partnership who all see the value that volunteers bring to their organisations as well as to the district. The awards are in their ninth year and grow in all ways, with record numbers of people nominated and new categories added to reflect this.

Nigel Burton, editor of the Telegraph & Argus said on the night “Throughout the year we hear numerous uplifting stories about people who show outstanding courage in trying circumstances, those who put others before themselves, unsung heroes who work tirelessly to make their communities better and always go the extra mile. This is our chance to give you the recognition you deserve.”

**Adele Johnson**, the winner of the Community Champion category says “My life has changed since I was nominated. I didn’t feel I was anything special or was doing anything special but for others to notice me and take the time to nominate me really boosted my self confidence. It also made me more determined to do more and encourage others to do more in their communities too. I didn’t expect to win, there were so many amazing people nominated doing really great things so I was really surprised when my name was called. I do feel like I can change the world around me now and know that I can call on the People Can Programme Coordinator for support as she always listens to ideas I have and helps make things happen”.

People Can shows that by recognising the work that so many people do in their communities, for the benefit of others we can inspire more people to join in the campaign because we know that together we can **make a difference**.



**Winner of the Community Champion Award, Adele Johnson**

**Helen Lynch** was recognised for helping to fund specialist equipment for surgeons at Bradford Hospitals Charity. Following her own cancer diagnosis, Helen wanted to give thanks to those who helped save her own life. In 2019, she surpassed her own expectations and raised £12,000 - £7,000 above her target for Bradford Hospitals' Charity. The money funded tools for the surgeon who improved Helen's health and to save other patients with life-threatening illnesses. The equipment gives surgeons better access in surgery which may prevent the need for chemotherapy and radiotherapy. Helen also hosts an annual fashion show to raising money for those charities who helped during her illness and who will continue to **make a difference** to the whole community. Helen is also a volunteer support worker at Bradford's Deaf Youth Club. The charities she supports include Sue Ryder Manorlands, Marie Curie, Yorkshire Cancer Support and more. Helen, who was recently diagnosed with curable Leukaemia, said: "Hopefully the treatments working. It's been thoroughly enjoyable putting the events together and to be nominated. Having had some cancer in 2017, I wanted to do something to pay back for all the fantastic support that I've had."



**Helen Lynch, winner of the Fundraiser of the Year**

**XPO Logistics**, who provides transport and logistics for different businesses, has been nominated for its employees' time with Bradford Central Food bank and the community environmental project they carried out. Due to their warehousing expertise staff volunteered to help organise their warehouse, making it easier to pick food parcels. They also picked food parcels and collected donations in the local supermarket. Team members also volunteered to develop a community allotment to help make it a nicer place for the community to visit. During the day they cleared the land of weeds, laid bark and painted the shed. The nominator for XPO Logistics said: "They did a fantastic job, even making a memorial in memory of one of the founders of the allotment." Adding that "There are three words to describe their efforts: community focused, inclusive and good natured. XPO Bradford is known for

the kind-hearted nature of its people - many being Bradford based - extending beyond the workplace.



**XPO Logistics. Winner of the Business Can award**

# People Can make a difference in Bradford District

## PLAY YOUR PART



Working together we can all – the Council and public services, local people, communities and business – play a part in making Bradford District a better place to live and work.

There are lots of different opportunities where People Can get involved and active in their community.



**Be Neighbourly** – “Chance made us neighbours. Choice made us friends”. Why not simply offer to help a neighbour by taking out and returning their bins?



**Volunteer** – “The best way to find yourself is to lose yourself in the service of others”. Why not make a regular commitment to support maintaining a service like your local library?



**Raise money** – “No-one has ever become poor by giving”. Why not fund raise for a good cause in your local community?



**Community Action** – “Small acts when multiplied by millions of people can change the world”. Why not help to improve your local area by getting involved in a litter pick?

You should feel able to do what you think feels right to make a difference in your community.

**People Can make a difference.  
To learn more or get involved:**

**[www.peoplecanbradforddistrict.org.uk](http://www.peoplecanbradforddistrict.org.uk)  
Twitter: @peoplecanbd  
Facebook: PeopleCanBradford**



People Can full page in the Telegraph & Argus nominee voting supplement